

What have we learned about exfoliation syndrome since its discovery by John Lindberg 100 years ago?

Nazarali S (1) , Damji F (2) , Damji KF (3)

1 Faculty of Medicine, University of Ottawa, Ottawa, Ontario, Canada.

2 School of Kinesiology, Faculty of Education, University of British Columbia, Vancouver, British Columbia, Canada.

3 Department of Ophthalmology and Visual Sciences, Faculty of Medicine and Dentistry, University of Alberta, Edmonton, Alberta, Canada.

Exfoliation syndrome (XFS) is a systemic disease with significant ocular manifestations, including glaucoma and cataract. The disease impacts close to 70 million people globally.

The purpose of this paper is to summarise information regarding the epidemiology, pathophysiology, ocular manifestations and systemic associations of XFS with the objective of sharing clinical pearls to assist in early detection and enhanced management of patients.

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